

Swim America Logistics for Indoor Swimming
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Your kid's swimming lessons will be starting soon!
This email has a ton of very important information, so keep it handy.

Monthly Calendar

We will send out a monthly calendar. Sometimes dates must change for lessons due to holidays or instructor swim meets.

Parking and Pool Entrance

Lessons are held at Jeff High School. [Jefferson High School, 1801 S 18th St, Lafayette, IN 47905](#)
Enter the parking lot on 22nd Street. Enter through Door #12.

Attendance

We take attendance at the door to the pool after you enter through door #12. PLEASE CHECK IN EACH WEEK.

Swimwear and locker rooms

There are locker rooms for kids, plus a family locker room. Kids under 6, if they need help from a parent, MUST use the family locker rooms.

Swimsuits--All kids must wear swimsuits.

Goggles--we highly encourage goggles. Young kids are much more comfortable learning when they can see underwater. Older kids are better swimmers when they can keep their face in the water. We sell great goggles for \$15 if you need some that are designed for kids faces and they last a long time!

Long hair-- children with long hair should wear hair pulled back into a ponytail or somehow away from the face. It's hard to learn when hair is falling in your eyes. Swim Caps are also permitted.

Parents NOT ALLOWED poolside

Parents often want to be poolside to help out their kids, which we understand. You MUST stay seated unless we ask you to come poolside. We need your child to bond with the instructors. Parents are **NOT ALLOWED** in the water.

Scared children--this is common for the first couple of lessons. If your child is scared to get in the water and is crying for you, we encourage you to go to the upper deck to observe so that they can bond with the instructor. If they are unable to settle down after a few lessons, we will chat with you about if they are ready for lessons.

Swim America lessons allow fast advancement

We work with students based on their skill levels. Once they achieve certain skills with confidence, we move them immediately to the next level. 6-year-olds may be with 3-year-olds or 10-year-olds depending on their skills.

FIRST DAY

On the first day, we check each and every student for their skill level. **It looks a bit chaotic on the first day**, so be patient! Our instructors are the best and really know what they are doing.

Here is how we evaluate and promote:

Level 1/2, learning how to go under water, bob, float a few seconds on their belly and back alone.

Level 3, kicking short distances on belly and back alone

Level 4, add arms, side kicking, and side breathing

Level 5/6, swim the entire length of the pool in backstroke (25 yards), freestyle (50 yards), plus tread water for 2 minutes.

Level 7-9 learning breaststroke and butterfly. Building stamina.

We work with them based on how they are each day in the water. They may have been doing more or less in other pools. Some kids want to be pushed. Some parents want their kids to be pushed harder. Talk to us if you have concerns about your kid's progress, but we ask that you trust our instructors.

Make-ups

We only offer make-up sessions if there is a problem with the pool, the facility, or instructor situation. If your child is sick or in a school event, or family vacation, etc. we do not offer makeups. It's the only way we can keep our prices this low.

Facebook and email

Facebook for group communication: I will be communicating mostly on Facebook but will back certain communications up with email. Facebook is the fastest way to get your information in case of emergencies (snow and ice, pool failure, general information). If you don't "do Facebook" (which I understand), then please find another parent willing to communicate with you that does follow us on Facebook. www.Facebook.com/lafayetteswimamerica

Email or Facebook message me if you have specific **questions about your account. Please check Facebook before messaging or emailing me.**

it's okay to be emailing now!

When will I meet Dawn?

I have run the registration and back-end of the Swim America program and the Facebook site for about 10 years. Coach Jim owns the Swim America Franchise and is the primary person on deck. I live in Cincinnati and have a full-time job, so you likely won't meet me in person, but feel free to follow me on [Facebook](#) or [LinkedIn](#).

More questions? Feel free to email me. Your questions are always great, and you are never the only one to have that question!

Make waves this year!

Dawn

513-259-9753